Blair Elementary

Lunch - Cafeteria Service Menu

October 2018

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Cheese Nachos	Cheese Pizza	Steak Fingers & Roll	Crispy Beef Tacos	Chicken Sandwich
Hamburger	Orange Chicken & Rice	Broccoli Florets	Spaghetti & Meatballs	Fish on a Bun
Baby Carrots	Steamed Broccoli	Mashed Potatoes	Green Salad	Fresh Veggies
Milk, Chocolate Skim	Pineapple	Craisins	Whole Kernel Corn	Sweet Potato Fries
Milk, Skim, unflavored	Milk, Chocolate Skim	Milk, Chocolate Skim	Milk, Chocolate Skim	Orange Wedges
Balsamic Vinegar Cup	Milk, Skim, unflavored	Milk, Skim, unflavored	Milk, Skim, unflavored	Milk, Chocolate Skim
Honey Mustard Cup	Balsamic Vinegar Cup	Balsamic Vinegar Cup	Balsamic Vinegar Cup	Milk, Skim, unflavored
Italian Dressing Cup	Honey Mustard Cup	BBQ Sauce	Honey Mustard Cup	Balsamic Vinegar Cup
Jalapeno Ranch Cup	Italian Dressing Cup	Gravy	Italian Dressing Cup	Honey Mustard Cup
Ketchup Cup	Jalapeno Ranch Cup	Honey Mustard Cup	Jalapeno Ranch Cup	Italian Dressing Cup
Mayonnaise Light	Ranch Dressing Cup	Italian Dressing Cup	Ranch Dressing Cup	Jalapeno Ranch Cup
Mustard		Jalapeno Ranch Cup		Ketchup Cup
Ranch Dressing Cup		Ketchup Cup		Mayonnaise Light
		Ranch Dressing Cup		Mustard
				Ranch Dressing Cup
8	9	10	11	12
Staff Development	Staff Development	Baby Carrots	Crispy Beef Tacos	Chicken Sandwich
Day/School Holiday	Day/School Holiday	Vegetarian Beans	Fruit Cocktail	Cucumber Slices
		Applesauce Pouch	Milk, Chocolate Skim	Steamed Broccoli
		Milk, Chocolate Skim	Milk, Skim, unflavored	Orange Wedges
		Milk, Skim, unflavored	Balsamic Vinegar Cup	Milk, Chocolate Skim
		Balsamic Vinegar Cup	Honey Mustard Cup	Milk, Skim, unflavored
		BBQ Sauce	Italian Dressing Cup	Balsamic Vinegar Cup
		Honey Mustard Cup	Jalapeno Ranch Cup	Honey Mustard Cup
		Italian Dressing Cup	Ranch Dressing Cup	Italian Dressing Cup
		Jalapeno Ranch Cup	Syrup	Jalapeno Ranch Cup
		Ketchup Cup		Ketchup Cup
		Ranch Dressing Cup		Mayonnaise Light
				Mustard
				Ranch Dressing Cup

15	16	17	18	19
Hamburger	Cheese Pizza	Hot Ham & Cheese on	Crispy Beef Tacos	Beef Taco Pizza
Mac & Cheese w/ Garlic	Marinara Dipping Cup	Pretzel Bun	Green Salad	Chicken Sandwich
Knot	Steamed Broccoli	Broccoli Florets	Milk, Chocolate Skim	Celery Sticks
Fresh Veggies	Fruit Cocktail	Pinto Beans	Milk, Skim, unflavored	Steamed Carrots
Green Peas	Milk, Chocolate Skim	Pineapple	Balsamic Vinegar Cup	Orange Wedges
Milk, Chocolate Skim	Milk, Skim, unflavored	Milk, Chocolate Skim	BBQ Sauce	Milk, Chocolate Skim
Milk, Skim, unflavored	Balsamic Vinegar Cup	Milk, Skim, unflavored	Gravy	Milk, Skim, unflavored
Balsamic Vinegar Cup	Honey Mustard Cup	Balsamic Vinegar Cup	Honey Mustard Cup	Balsamic Vinegar Cup
Honey Mustard Cup	Italian Dressing Cup	BBQ Sauce	Italian Dressing Cup	Honey Mustard Cup
Italian Dressing Cup	Jalapeno Ranch Cup	Honey Mustard Cup	Jalapeno Ranch Cup	Italian Dressing Cup
Jalapeno Ranch Cup	Ranch Dressing Cup	Italian Dressing Cup	Ranch Dressing Cup	Jalapeno Ranch Cup
Ketchup Cup		Jalapeno Ranch Cup		Ketchup Cup
Mayonnaise Light		Ketchup Cup		Mayonnaise Light
Mustard		Ranch Dressing Cup		Mustard
Ranch Dressing Cup				Ranch Dressing Cup
22	23	24	25	26
Grilled Cheese, IW	Cheese Pizza	Baby Carrots	Crispy Beef Tacos	Chicken Sandwich
Hamburger	Romaine Salad	Steamed Broccoli	Refried Beans	Fish Strips & Pretzel
Cucumber Slices	Milk, Chocolate Skim	Pear Cup	Salsa Dipping Cup	Nuggets
Whole Kernel Corn	Milk, Skim, unflavored	Milk, Chocolate Skim	Fruit Cocktail	Celery Sticks
Mango-Strawberry Fruit	Balsamic Vinegar Cup	Milk, Skim, unflavored	Milk, Chocolate Skim	Seasoned Curly Fries
Cup	Honey Mustard Cup	Balsamic Vinegar Cup	Milk, Skim, unflavored	Orange Wedges
Milk, Chocolate Skim	Italian Dressing Cup	BBQ Sauce	Balsamic Vinegar Cup	Milk, Chocolate Skim
Milk, Skim, unflavored	Jalapeno Ranch Cup	Honey Mustard Cup	Honey Mustard Cup	Milk, Skim, unflavored
Balsamic Vinegar Cup	Ranch Dressing Cup	Italian Dressing Cup	Italian Dressing Cup	Balsamic Vinegar Cup
Honey Mustard Cup		Jalapeno Ranch Cup	Jalapeno Ranch Cup	Honey Mustard Cup
Italian Dressing Cup		Ketchup Cup	Ranch Dressing Cup	Italian Dressing Cup
Jalapeno Ranch Cup		Ranch Dressing Cup		Jalapeno Ranch Cup
Ketchup Cup				Ketchup Cup
Mayonnaise Light				Mayonnaise Light
Mustard		1	1	Mustard
Ranch Dressing Cup				Ranch Dressing Cup

29	30	31	1	2
Cheese Nachos	Cheese Pizza	Steak Fingers & Roll	Crispy Beef Tacos	Chicken Sandwich
Hamburger	Orange Chicken & Rice	Broccoli Florets	Spaghetti & Meatballs	Fish on a Bun
Baby Carrots	Steamed Broccoli	Mashed Potatoes	Green Salad	Fresh Veggies
Milk, Chocolate Skim	Pineapple	Craisins	Whole Kernel Corn	Sweet Potato Fries
Milk, Skim, unflavored	Milk, Chocolate Skim	Milk, Chocolate Skim	Milk, Chocolate Skim	Orange Wedges
Balsamic Vinegar Cup	Milk, Skim, unflavored	Milk, Skim, unflavored	Milk, Skim, unflavored	Milk, Chocolate Skim
Honey Mustard Cup	Balsamic Vinegar Cup	Balsamic Vinegar Cup	Balsamic Vinegar Cup	Milk, Skim, unflavored
Italian Dressing Cup	Honey Mustard Cup	BBQ Sauce	Honey Mustard Cup	Balsamic Vinegar Cup
Jalapeno Ranch Cup	Italian Dressing Cup	Gravy	Italian Dressing Cup	Honey Mustard Cup
Ketchup Cup	Jalapeno Ranch Cup	Honey Mustard Cup	Jalapeno Ranch Cup	Italian Dressing Cup
Mayonnaise Light	Ranch Dressing Cup	Italian Dressing Cup	Ranch Dressing Cup	Jalapeno Ranch Cup
Mustard		Jalapeno Ranch Cup		Ketchup Cup
Ranch Dressing Cup		Ketchup Cup		Mayonnaise Light
		Ranch Dressing Cup		Mustard
				Ranch Dressing Cup