Blair Elementary

Lunch - Cafeteria Service Menu

August 2018

Monday	Tuesday	Wednesday	Thursday	Friday
30	31	1	2	3
6	7	8	9	10
13	14	15	16	17
20 Hamburger Mac & Cheese w/ Garlic Knot Fresh Veggies Green Peas Milk, Chocolate Skim Milk, Skim, unflavored Balsamic Vinegar Cup Honey Mustard Cup Italian Dressing Cup Jalapeno Ranch Cup Ketchup Cup Mayonnaise Light Mustard Ranch Dressing Cup	21 Cheese Pizza Marinara Dipping Cup Steamed Broccoli Fruit Cocktail Milk, Chocolate Skim Milk, Skim, unflavored Balsamic Vinegar Cup Honey Mustard Cup Italian Dressing Cup Jalapeno Ranch Cup Ranch Dressing Cup	22 Hot Ham & Cheese on Pretzel Bun Broccoli Florets Pinto Beans Pineapple Milk, Chocolate Skim Milk, Skim, unflavored Balsamic Vinegar Cup BBQ Sauce Honey Mustard Cup Italian Dressing Cup Jalapeno Ranch Cup Ketchup Cup Ranch Dressing Cup	23 Crispy Beef Tacos Green Salad Milk, Chocolate Skim Milk, Skim, unflavored Balsamic Vinegar Cup BBQ Sauce Gravy Honey Mustard Cup Italian Dressing Cup Jalapeno Ranch Cup Ranch Dressing Cup	24 Beef Taco Pizza Chicken Sandwich Celery Sticks Steamed Carrots Orange Wedges Milk, Chocolate Skim Milk, Skim, unflavored Balsamic Vinegar Cup Honey Mustard Cup Italian Dressing Cup Jalapeno Ranch Cup Ketchup Cup Mayonnaise Light Mustard Ranch Dressing Cup
27 Grilled Cheese, IW Hamburger Cucumber Slices Whole Kernel Corn Mango-Strawberry Fruit Cup Milk, Chocolate Skim Milk, Skim, unflavored Balsamic Vinegar Cup Honey Mustard Cup Italian Dressing Cup Jalapeno Ranch Cup Ketchup Cup Mayonnaise Light Mustard Ranch Dressing Cup	28 Cheese Pizza Romaine Salad Milk, Chocolate Skim Milk, Skim, unflavored Balsamic Vinegar Cup Honey Mustard Cup Italian Dressing Cup Jalapeno Ranch Cup Ranch Dressing Cup	29 Baby Carrots Steamed Broccoli Pear Cup Milk, Chocolate Skim Milk, Skim, unflavored Balsamic Vinegar Cup BBQ Sauce Honey Mustard Cup Italian Dressing Cup Jalapeno Ranch Cup Ketchup Cup Ranch Dressing Cup	30 Crispy Beef Tacos Refried Beans Salsa Dipping Cup Fruit Cocktail Milk, Chocolate Skim Milk, Skim, unflavored Balsamic Vinegar Cup Honey Mustard Cup Italian Dressing Cup Jalapeno Ranch Cup Ranch Dressing Cup	31 Chicken Sandwich Fish Strips & Pretzel Nuggets Celery Sticks Seasoned Curly Fries Orange Wedges Milk, Chocolate Skim Milk, Skim, unflavored Balsamic Vinegar Cup Honey Mustard Cup Italian Dressing Cup Jalapeno Ranch Cup Ketchup Cup Mayonnaise Light Mustard Ranch Dressing Cup